

May 2018

Farmingdale School Lunch Menu



Milk

1% White, Fat Free White, Fat Free Chocolate, Fat Free Strawberry



Daily Alternates:

Hot Dog on Whole Wheat Roll
Garden Salad with ham, turkey or cheese
Grab & Go Bagel Lunch
Ham & Cheese or Turkey & Cheese Sandwich



Monday

Tuesday

Wednesday

Thursday

Friday

Food Service Department is Now Accepting Applications for Employment
To apply online, got to www.howell.k12.nj.us website and click on employment to fill out an application

Nachos Grande 1
Seasoned Meat, Cheese Sauce and Salsa over Tortilla Chips
Black Bean Salad
Choice of Fresh Fruit

2
Oven Baked Chicken Dinner Roll
Mashed Potatoes with Gravy
Mandarin Oranges

3
Hamburger/Cheeseburger On a Whole Wheat roll
Sweet Potato Fries
Frozen Fruit Cup

4
Cheese Pizza
Garden Salad
Chilled Fruit

7
Chicken Patty on WGR Roll
Three Bean Salad
Pineapple Tidbits

8
Grilled Cheese Sandwich
Baby Carrots with Ranch Dip
Cinnamon Applesauce

9
Pasta with Meatballs
Garlic Bread
Steamed Broccoli
Fresh Orange

10
Breakfast for Lunch
French Toast Sticks
Sausage
Potato Tots
Choice of Fruit Juice

11
Cheese Pizza
Caesar Salad
Fresh Apple

14
Cheese Steak on a Hoagie Roll
Oven Baked Fries
Chilled Peaches

15
Mozzarella Sticks with Marinara Sauce
Cucumber Rounds
Chilled Pears

16
Soft or Hard Taco
Seasoned Meat and Cheese
Salsa
Black Beans
Mandarin Oranges

17
Popcorn Chicken
Carrot Coins with Ranch Dip
Choice of Fresh Fruit

18
Cheese Pizza
Caesar Salad
Fresh Apple

21
Chicken Nuggets
Dinner Roll
Vegetable Sticks
Chilled Applesauce

22
Hamburger/Cheeseburger On a Whole Wheat roll
Baked Beans
Frozen Fruit Cup

23
Chicken Fajita
Rice
Steamed Broccoli
Chilled Peaches

24
Oven Baked Chicken
Mashed Potatoes with Gravy
Mandarin Oranges
Teddy Grahams

25
Cheese Pizza
Baby Carrots with Ranch Dip
Choice of Fresh Fruit

28
School Closed

29
Turkey Sandwich
Vegetable Sticks with Ranch Dip
Frozen Fruit Cup

30
Breakfast for Lunch
French Toast Sticks
Sausage
Sweet Potato Tots
Choice of Fruit Juice

31
Cheese Steak on a Hoagie Roll
Caesar Salad
Chilled Pears
Fresh Baked Cookie

