

September 10, 2020

Dear Farmingdale Families,

Welcome back to a new school year! This year is definitely going to look a little different, but as always safety and the health of students and staff come first. I wanted to share with you the COVID-19 addendum created in conjunction with our school physician for returning to school following an illness for the 2020-2021 school year. The addendum reads as follows:

Individuals with COVID-19 have had a wide range of symptoms reported – ranging from mild symptoms to severe illness. Symptoms may appear 2-14 days after exposure to the virus. People with the following symptoms may have COVID-19:

- Fever (100.4 or higher) or chills
- Cough
- Shortness of breath or difficulty breathing
- Fatigue
- Muscle or body aches
- Headache
- New loss of taste or smell
- Sore throat
- Congestion or runny nose
- Nausea or vomiting
- Diarrhea

This list does not include all possible symptoms. CDC will continue to update this list as it learns more about COVID-19.

Students or staff sent to the Health Office with above symptoms will be evaluated and temperature verified. If assessment reveals symptoms consistent with Covid-19, the staff member or student will be isolated and sent home. ***The parent/guardian or designated emergency contact is expected to pick up the student within 30 minutes of initial contact.***

As per NJDOH guidance issued 9/8/2020, students and staff with the following symptoms will be excluded from school:

- At least **two** of the following symptoms: fever (measure or subjective), chills, rigors (shivers), myalgia (muscle aches), headache, sore throat, nausea or vomiting, diarrhea, fatigue, congestion or runny nose;
- At least **one** of the following symptoms: cough, shortness of breath, difficulty breathing, new olfactory disorder (smell), new taste disorder.

RETURN TO SCHOOL AFTER BEING SENT HOME WITH COVID RELATED SYMPTOMS:

Farmingdale School will follow the NJ Department of Health 3 option Protocol for Return to School:

- Documented **proof of negative COVID-19 test and** remain fever free for 24 hours without fever-reducing medication **and** symptoms have improved.

OR

- Documentation of an **alternative diagnosis** from their healthcare provider & fever-free for 24 hours without fever-reducing medicine **and** symptoms have improved. No vomiting or diarrhea for 24 hours. [NJ School Exclusion List](#)

OR

- If **COVID-19 testing is positive or no testing was done or no visit to their Healthcare provider has occurred**, the person needs to stay home for a 10 day isolation period **and** 24 hours fever free without anti-fever medicine **and** other symptoms have improved.

Your continued support and cooperation is appreciated. Feel free to reach out to me if you have any questions or concerns.

Warm Regards,
Mrs. Katy Kokolus, RN, BSN, CSN-NJ