

Resource Guide

Updated January 2020

42 pages

Food Assistance	Area Served/ Phone #/ Address
<p><u>Atonement Lutheran Church Food Pantry</u></p> <p>Food to assist in emergency situations</p> <p>2nd and 4th Wednesday of every month.</p> <p>10:30am-12:30pm</p> <p>Can only come once a month.</p> <p>*Need current photo ID</p>	<p>Greater Asbury Park Area</p> <p>732-776-5727</p> <p>308 1st Ave, Asbury Park, NJ 07712</p> <p>http://www.atonementlutheranchurch.com/foodpantry.htm</p>
<p><u>Bradley Food Pantry</u></p> <p>Emergency food once per month to needy families</p> <p>Monday through Friday 10am-12pm</p> <p>And Thursday 6-7pm</p> <p>*Need current photo ID</p>	<p>Asbury Park, Neptune City, Neptune, Avon, Ocean, Ocean Grove, Wall and Lake Como</p> <p>732-775-0161</p>

	<p>605 Fourth Avenue Bradley Beach NJ 07720</p> <p>bradleyfoodpantry@gmail.com</p> <p>http://www.bradleyfoodpantry.org/</p>
<p><u>Meals at Noon</u></p> <p>Saturdays from 11-1 p.m. and a brown bag lunch on Wednesdays at 12 noon</p>	<p>Long Branch Area</p> <p>732-229-2035</p> <p>93 Liberty Street West Long Branch New Jersey</p>
<p><u>Monmouth Co. Nutrition Program</u></p> <p>Located in multiple towns*</p> <p>Lunch provided daily for senior citizens aged 60+ who signed up at least the day prior to meal.</p> <p>Meals can be delivered to homebound senior citizens only</p>	<p>Middletown</p> <p>732-291-0999</p> <p>900 Leonardville Rd, Leonardo, NJ 07737</p>
<p><u>Salvation Army</u></p> <p>Offers once/month food pantry Mon & Fri 9am-11am</p> <p>*Current photo ID needed</p> <p>Recipients can come up to 3 times a month</p>	<p>Asbury Park, Deal, Oakhurst, Belmar area and Middletown area</p> <p>732-775-8698 (Asbury area)</p> <p>605 Asbury Avenue, Asbury Park NJ</p>

<p><u>Division of Social Services</u></p> <p>Workfirst, Temporary need to needy families (TANF), General Assistance, Food Stamps, Medicaid, child support, emergency shelter to TANF, GA, SSI recipients</p> <p>*Can Apply Online - OneApp.dhs.state.nj.us/</p>	<p>Monmouth County</p> <p>732-431-6000</p> <p>Mon-Fri</p> <p>8:30am-4:30pm</p> <p>Main Location:</p> <p>3000 Kozloski Rd Freehold, NJ</p> <p>Tuesday 8:30am-8pm Ocean Twp Office open in the evening</p>
<p><u>Freehold Area Open Door</u></p> <p>Open Monday-Friday 10am-2pm</p> <p>*Program Participants must be food stamp eligible</p> <p>Emergency food: 3-5 days of food given once/month.</p> <p>*Current ID needed</p> <p>Vegetables, milk, and bread once/week</p> <p>*No ID required</p> <p>Emergency Funding: Rental & Utility Assistance (Freehold Only)</p> <p>After school programs & scholarship programs: Homework assistance provided for 3rd, 4th, and 5th graders enrolled in Freehold Twp., and</p> <p>Participants must be referred by school SW. No transportation provided. Participants are eligible for scholarship opportunities for college tuition.</p>	<p>Monmouth County</p> <p>Freehold, Marlboro and Coltsneck</p> <p>732-780-1089</p> <p>39 Throckmorton St. Post Office Box 1073, Freehold , NJ</p>

<p><u>Interfaith Neighbors</u></p> <p>Rental Assistance Program for those living with children and Meals on Wheels Program for seniors</p> <p>Also offers assistance with mortgages</p>	<p>732-775-0525</p> <p>http://www.interfaithneighbors.org/</p> <p>810 Fourth Ave.</p> <p>Asbury Park, N.J. 07712, NJ 07728</p>
<p><u>Middletown Helps Its Own</u></p> <p>Emergency assistance for food, rental and utility assistance. Clothing center.</p> <p>Thanksgiving & Christmas Drives</p>	<p>Middletown</p> <p>732-787-3604</p> <p>MH1065@gmail.com</p>
<p><u>Salvation Army</u></p> <p>Emergency food, shelter, rent, drug and alcohol counseling and Thanksgiving and Christmas assistance.</p> <p>Open 9am Monday, Wednesday, Thursday, Friday</p>	<p>Red Bank Area</p> <p>(732) 747-1626</p> <p>180 Newman Springs Rd, Red Bank, NJ 07701</p>
<p><u>St. Vincent De Paul Society- St. Michael</u></p> <p>Food Pantry every 3rd Saturday 3:00-5:30 pm (call ahead to register) Long Branch Area</p>	<p>(732)483-0360 ex 7</p> <p>800 Ocean Ave, Long Branch NJ 07740</p>

<p><u>Samaritan Center</u></p> <p>Food pantry</p> <p>Thursday, 9:30-12:30</p> <p>Saturday 9:00-12:00</p> <p>(call ahead first)</p> <p>Clients can come once per/week</p> <p>Provides: Non-perishables as well as meats and dairy</p> <p>*Bring ID and income verification Serves Marlboro, Millstone Englishtown, and Manalapan</p>	<p>211 Route 522</p> <p>Manalapan 07726</p> <p>Phone: 732-446-1142</p>
<p><u>Project Paul, Inc</u></p> <p>Must meet with Sister Kathleen for intake prior to receiving any services except appointments with Social Services or the Food Bank</p> <p>*Financial help available</p> <p>Thrift Shop: Monday – Friday 10am-3pm, Saturday 10am-2pm</p> <p>All Project Paul clients get two tops and two bottoms from thrift store every three months free of charge.</p> <p>Food Pantry: Wednesdays & Fridays 9:45am – 11:45am and 12:45pm – 2:45pm</p> <p>Friday 10a-3p a Monmouth County Food Bank Rep will be available.</p> <p>Furniture Store: Tuesday 10-2, Wednesday – Saturday 9am-2pm,</p> <p>Every Wednesday from 11am-2:30pm Nicole from Social Services is available to assist with new social services applications, intake, and any questions regarding assistance Keansburg Area</p>	<p>732-787-4887</p> <p>211 Carr Avenue, Keansburg NJ 07734</p> <p>ProjPaul@aol.com</p>

<p><u>St. Leo's</u></p> <p>Non Perishable Food Items</p> <p>Rent/Utility Assistance</p> <p>Security Deposit</p> <p><u>On Call 24/7</u></p>	<p>Monmouth County</p> <p>Food Pantry</p> <p>732-747-5466</p> <p>Financial Assistance 732-284-8916</p>
<p><u>St Benedict</u></p> <p>Food Pantry Tuesday thru Friday 10a-1p</p> <p>Tuesday night 5p-7p</p>	<p>Holmdel Area</p> <p>732-264-4712 Ext 34</p> <p>165 Bethany Rd, Holmdel, NJ 07733</p>
<p><u>Calico Cat Cupboard and Pantry (Food Bank) Community Outreach Group</u></p> <p>Emergency food, material assistance, personal and household items and appliances- one time monetary assistance for critical needs be referral without charge, when funding is available.</p> <p>Schedule: Wednesday 9:30am-2:30pm, closes between noon and 1</p> <p>Evening pantry: proof of employment required and hours for working (low income clients only)-4th Tuesday 7:30-8:30pm</p>	<p>Middletown area</p> <p>732-671-2304 - food pantry phone</p> <p>732-887-0727</p> <p>96 Kings Highway, Middletown NJ 07748</p>
<p><u>St. Vincent De Paul Society- Holy Family</u></p> <p>Thrift shop Tuesday-Friday 10am-2pm</p> <p>Distribution of food Sat 10am-2pm</p> <p>Distribution of food, clothing, furniture, utility assistance, medical bills</p>	<p>Keyport Area</p> <p>732-264-8132</p>
<p><u>Housing/Utility Assistance</u></p>	<p><u>Area Served/ Phone #</u></p>
<p><u>Easter Seals</u></p> <p>Rental assistance and case management services to severely mentally ill adults to help them live more independently within their</p>	<p>Wall Township Location:</p> <p>3349 Highway 138</p>

<p>communities</p> <p>Multiple resources for adults, great information on website</p>	<p>Building B, Suite 8 Wall, NJ</p> <p>732-280-8509</p> <p>Shrewsbury Location:</p> <p>16 Paterson Ave Suite 8 Shrewsbury, NJ</p> <p>732-842-6600</p> <p><a href="http://www.easters
eals.com/">http://www.easters eals.com/</p>
<p><u>Calico Cat Cupboard and Pantry</u></p> <p>Emergency Food, material assistance, personal and household items and appliances- one time monetary assistance for critical needs, by referral and without charge, when funding is available</p> <p>Schedule: Wednesday 9:30am – 2:30pm, closes between noon and 1</p>	<p>Middletown Area</p> <p>732-671-2304</p> <p>96 Kings Highway, Middletown, NJ 07748</p>
<p><u>St. Vincent De Paul</u></p> <p>Utility/Rental Assistance</p>	<p><u>Union Beach</u></p> <p>732-264-8132</p> <p><u>Holmdel</u></p> <p>732-224-1395</p> <p><u>Neptune</u></p> <p>732-922-4242</p> <p><u>West Long Branch</u></p> <p>732-222-3216 ex.8</p> <p><u>Red Bank</u></p> <p>732-741-0500</p>

	<p>Keyport</p> <p>732-290-1878</p> <p>Asbury Park</p> <p>732-988-5310</p> <p>Freehold</p> <p>732-303-1793</p>
<p><u>St. Leo's The Great</u></p> <p>Non Perishable Food Items</p> <p>Rent/Utility Assistance</p> <p>Security Deposit</p>	<p>Monmouth County</p> <p>Food Pantry</p> <p>732-747-5466</p> <p>Financial Assistance 732-284-8916</p>

<p>Division of Social Services</p> <p>Workfirst, Temporary need to needy families (TANF), General Assistance, Food Stamps, Medicaid, child support, emergency shelter to TANF, GA, SSI recipients</p> <p>*Can Apply Online - OneApp.dhs.state.nj.us/</p>	<p>Monmouth County</p> <p>732-431-6000</p> <p>Mon-Fri 8:30am-4:30pm</p> <p>Tuesday. 8am-8pm Ocean Twp Office open in the evening</p> <p>Main Location: 3000 Kozloski Rd Freehold</p> <p>Outreach Office: 2405 Route 66, Ocean</p>
<p>St. Mary's Church</p> <p>Social Concerns program. Financial aid to those in extreme conditions.</p> <p>Utility/Rental Assistance</p> <p>Monday-Thursday: 8:30am-7:30pm</p>	<p>Colts Neck Area</p> <p>732-780-2666</p>

<p>Sunday: 9:00am-12:00pm</p> <p>Closed Friday and Saturday</p> <p>Catholic Based Child Care (before and after school) Services</p> <p>Mon-Fri 6:30am-6:30pm</p>	<p>Child Care</p> <p>732-788-0135</p>
<p>St. Michael's Church</p> <p>Social Concerns program. Financial aid to those in extreme conditions.</p> <p>Utility/Rental Assistance</p>	<p>Long Branch</p> <p>732-483-0360 ex. 7</p>
<p>Freehold Area Open Door</p> <p>*Program Participants must be food stamp eligible</p> <p>Emergency food: 3-5 days of food given once/month.</p> <p>*Current ID needed</p> <p>Vegetables, milk, and bread once/week</p> <p>Emergency Funding: Rental & Utility Assistance</p> <p>After school programs & scholarship programs: Homework assistance provided for 3rd, 4th, and 5th graders enrolled in Freehold Twp., and</p> <p>Participants must be referred by school SW. No transportation provided. Participants are eligible for scholarship opportunities for college tuition.</p>	<p>Freehold, Marlboro, Coltsneck</p> <p>732-780-1089</p> <p>39 Throckmorton St. Post Office Box 1073, Freehold, NJ 07728</p> <p>freeholdareaopendo or@yahoo.com</p> <p>Open Monday thru Friday 10a-2p</p>

<p><u>Interfaith Neighbors</u></p> <p>Rental and Mortgage Assistance Program for those living with children and Meals on Wheels Program for seniors</p> <p>Monday-Friday 9a-4p</p>	<p>Monmouth County</p> <p>732-775-0525</p> <p>http://www.interfaithneighbors.org/</p> <p>810 Fourth Ave.</p> <p>Asbury Park, N.J. 07712</p>
<p><u>Middletown helps its own</u></p> <p>Emergency assistance for food, clothing, rental and utility assistance. Clothing center.</p> <p>Thanksgiving and Christmas Drives</p>	<p>Middletown</p> <p>732-787-3604</p>
<p><u>Project Paul, Inc</u></p> <p>Must meet with Sister Mary for intake prior to receiving any services except appointments with Social Services or the Food Bank</p> <p><u>*Financial help available</u></p> <p>Thrift Shop: Monday – Friday 10am-3pm, Saturday 10am-2pm</p> <p><u>All Project Paul clients get two tops and two bottoms from thrift store every three months free of charge.</u></p> <p>Food Pantry: Wednesdays & Fridays 9:45am – 11:45am and 12:45pm – 2:45pm</p> <p>Friday 10a-3p a Monmouth County Food Bank Rep will be available.</p> <p>Furniture Store: Tuesday – 10am-2pm, Wednesday – Saturday 9am-2pm,</p> <p>Every Wednesday from 11am-3pm Nicole from Social Services is available to assist with new social services applications, intake, and any questions regarding assistance</p>	<p>Keansburg Area</p> <p>732-787-4887</p> <p>211 Carr Avenue,</p> <p>Keansburg NJ 07734</p> <p>ProjPaul@aol.com</p>

<p><u>Hope For Children Foundation</u></p> <p>Provides assistance to many families in need in Monmouth County, NJ. They have provided dental assistance, furniture, utility bill payments, gas cards, food store cards, refinance assistance, and tuition for schooling, day camps, day care, etc. We have helped to keep countless underprivileged children fed, clothed and housed in a warm environment. We have assisted families that have suffered setbacks get back on their feet. We've provided financial support for families dealing with illness and tragedy.</p> <p>Please fill out the "Request form" on our website under 'menu' for assistance.</p>	<p>Middletown</p> <p>www.hfcf.org</p> <p>There are a list of resources to call under</p> <p>-Who we help</p> <p>Then click on</p> <p>-Family Resources</p>
<p><u>Ocean Inc.</u></p> <p>Head Start program- Housing assistance, home energy assistance, head start programs</p>	<p>Ocean County</p> <p>Housing assistance: 732-244-5333</p> <p>Home energy assistance: 732-244-9041</p> <p>Direct service programs 732-244-5333</p> <p>Head start programs 732-244-8176</p>
<p><u>NJ POWER ON</u></p> <p><u>ASSISTANCE WITH UTILITIES</u></p> <p><u>USE/ LIHEAP</u></p> <ul style="list-style-type: none"> • Assistance with heat & cooling (cooling assistance must be medically necessary) • Applications for LIHEAP in New Jersey are accepted between October 1 and April 30. 	<p>(732) 982 – 8710</p>

- USF helps low-income households lower their energy bills. Low-income households can easily afford to pay their energy bills if they qualify for USF and LIHEAP.
- Annual income per client household size must fall within the following range:

Household Size	1 Person	2 Person	3 Person	4 Person	5 Person	6 Person	7 Person	8 Person	9 Person	10 Person
Minimum Annual Income	\$24,300	\$32,940	\$41,580	\$50,220	\$58,860	\$67,500	\$76,140	\$84,780	\$93,420	\$97,956
Maximum Annual Income	\$58,941	\$77,078	\$95,213	\$113,350	\$131,487	\$149,622	\$153,023	\$156,425	\$159,827	\$163,228

Income Guidelines as of **October 1, 2018.**

- Demonstrate that gas and/or electric account is currently 45 days or more past due and/or have received a disconnection notice.
- Demonstrate that 2 payments of at least \$25 each have been made within the past 6 months onto the gas and electric account or one payment of \$75 or greater within the past 90 days*. (\$150 if combined account [gas and electric])
- **Must not currently be receiving benefits through the USF program, or have received HEA benefits during the current heating season.**
- **All required documentation must be provided with the completed application. Any applications that are missing any required documentation will NOT be processed.**

*** Eligibility Notice: Households applying for PAGE that have \$15,000 or more in liquid assets (savings, stocks, bonds etc) will be deemed ineligible for benefits ***

GIFT OF WARMTH

- THE GIFT OF WARMTH PROGRAM IS ONLY AVAILABLE TO NEW JERSEY NATURAL GAS CUSTOMERS IN MONMOUTH AND MIDDLESEX COUNTIES ONLY.
- The Gift of Warmth, funded by New Jersey Natural Gas and customer's donations to assists customers who have exhausted other forms of energy assistance, as well as those who are

732-389-2204.

<p>experiencing financial difficulties because of illness, high medical expenses, or other unanticipated circumstances. AHA assists with the application process to help qualified customers who cannot afford to pay their NJNG bill.</p> <p>Apply for utility bill payment assistance depending on household size and income. Can apply online www.njpoweron.org or go to the Affordable Housing Alliance.</p>	
<p>Social Concerns</p>	<p>Area Served/ Phone #</p>
<p>Love, Inc</p> <ul style="list-style-type: none"> • Christmas Connect Program- Assistance with Christmas presents • Wheel Appeal Program- Donates used vehicles to the working poor • Cuts for Christ- Beauticians & barbers cut hair for those who cannot get out because of an illness or disability free of charge. • Furnished With Love- Donates & sells donated household furnishings • Clearinghouse- housing financial assistance 	<p>15 Meridian Rd Eatontown, NJ 07724</p> <p>Intake: (732) 542-7012 ext. 1</p> <p>Christmas Connect:(732) 542-7012 ext. 5</p> <p>Wheels Appeal: (732) 542-7012 ext.206</p> <p>Cuts For Christ: (732) 542-7012</p> <p>Furnished With Love: (732) 222-1923</p> <p>Clearinghouse 732-</p>

	542-7012 ext. 101
<p>Rainbow Foundation</p> <p>Monday and Thursday 9am-1pm</p> <p>Provides medical necessities for children up to 17</p> <p>http://www.rainbowfoundation.org/</p>	<p>Monmouth County</p> <p>732-671-4343</p> <p>15 Cherry Tree Farm Rd, Middletown, NJ, 07748</p>
<p>Mercy Center</p> <p>Emergency services, assistance, family services, groups in both English and Spanish</p>	<p>Monmouth County</p> <p>732-774-9397</p> <p>1106 Main St, Asbury Park, NJ 07712</p> <p>http://mercycenter.nj.org/index.php</p>
<p>St. Mary's Church</p> <p>Social concerns program. Financial aid to those in extreme conditions.</p> <p>Utility/Rental assistance</p>	<p>Colts Neck Area</p> <p>732-780-2666 ext.320</p>
<p>School Related</p>	<p>Area Served/ Phone #</p>
<p>Family Based Services</p> <p>IEP Review Clinic- Navigating IEPs for parents. Need most recent IEP at the meeting. Between the hours of 4:00 and 6:00pm. <i>Call 732-542-4502 or 732-491-1077 or email canthony@fbsanj.org for meeting dates</i></p> <p>**Registration required</p> <p>Programs changing monthly-Check the website: www.fbsanj.org/</p> <p>Support Groups</p>	<p>Monmouth County</p> <p>732-542-4502</p> <p>Fax: 732-542-4563</p> <p>Email: info@fbsanj.org</p> <p>Family Based</p>

<p>All programs are free but a reservation is required. Please call (732) 542-4502 to register. Food and Childcare Provided.</p> <p>Support Groups are a place where families, parents, and caregivers can come to be encouraged, laugh, cry, and share with other families whose children are experiencing tough emotional / behavioral, DD, and substance abuse challenges. The groups are peer-led by one of our staff members. We can provide parents seeking clinical help with available resources in the community.</p> <p>FBSANJ provides warm line support. Families can call or visit our office, 9:00 am-5:00 pm, Monday through Friday, for questions they may have about their children or services in the community. For warm line services, call (732) 542-4502.</p> <p>Spanish Support Group</p> <p>Father Empowerment Group</p> <p>Youth Partnership</p> <p>English Support Group</p>	<p>Services, 6 Industrial Way West Suite D, Eatontown</p>
<p><u>NJ Statewide Parent to Parent</u></p> <ul style="list-style-type: none"> - One to one matches of families with similar needs and experiences - Emotional support for the parent of a child with a developmental disability, delay or other special health need - Current local state or national resources for the child and family on a variety of disabilities and health issues <p>Training for parents who would like to become “supporting parents”</p>	<p>Donna Milanowycz</p> <p>Home Office: 732-836-0964</p> <p>1-800-654-7726</p> <p>dmilanowycz@aol.com</p>
<p><u>IEP Youth Services</u></p> <p>http://www.iepyouthservices.org</p> <p>Providing residential, social, and psychological services to youth and young adults</p>	<p>(732) 431-2663</p> <p>Contact email: info@jepyouthservices.org</p>

<p>SPAN (Statewide Parent Advocacy Network)</p> <p>http://spannj.org/START/parentgroups</p> <p>SPECIAL EDUCATION PARENT GROUPS- DISTRICT BASED</p> <p>-</p>	<p>1(800) 654-SPAN</p> <p>apelham@spannj.org</p>
<p>Child/Adolescent Counseling</p>	<p>Area Served/Phone#</p>
<p>The YMCA- Bayshore Family Success Center</p> <ul style="list-style-type: none"> > Parenting and Child Development > Parental Resilience/Life Skills > Social Connections > Mental Health Programs > Employment/Housing > Concrete Support/Services for Parents > Continued Support of Superstorm Sandy Victims <p>Changes monthly, please check website: http://cymca.org/locations/bayshore-family-success-center/</p>	<p>Northern Monmouth County</p> <p>732-497-3811</p> <p>Dial 0 for immediate assistance</p> <p>The Henry Hudson Trail Activity Center 945 State Highway 36 Leonardo, NJ 07737</p> <p>familysuccess@cymca.org</p> <p>Facebook.com- Bayshore Family Success Center</p> <p>Monday: 9 a.m. – 5 p.m. Tuesday: 9 a.m. – 5 p.m. Wednesday: 11 a.m. – 7 p.m. Thursday: 11 a.m. – 7 p.m. Friday: 9 a.m. – 3 p.m. Saturday: 9 a.m. – 1</p>

	p.m.
<p><u>Mobile Response Program</u></p> <p>CPC Behavioral Healthcare</p> <p>Dispatching within one hour of a crisis call of a child up to the age of 18</p> <p>Escalating emotional or behavior problems at home, school or school, substance abuse problems, and mental health issues.</p> <p>The goal of the Mobile Response intervention is to improve the stability of day-to-day living both emotionally and behaviorally and reduce the need for out-of-home placement and psychiatric hospitalizations</p>	<p>1-877-652-7624</p> <p>270 Highway 35 Red Bank, NJ 07701</p>
<p><u>CPC Behavioral Healthcare</u></p> <p>Family, Individual, and group Therapy</p> <p>Psychiatric Evaluation</p> <p>Case Management</p> <p>Anger Management</p> <p>Substance Abuse</p> <p>Employee Assistance Program</p> <p>Outreach services</p> <p>Most insurances accepted</p>	<p>732-842-2000 ext 4221</p> <p>Monday-Thrusday 8am-6pm</p> <p>Friday 8am-5pm</p> <p>270 Highway 35 Red Bank, NJ 07701</p>
<p><u>Meridian Behavioral Health Services</u></p> <p>Psychotherapy</p> <p>Psychiatric evaluation</p> <p>Medication monitoring</p>	<p>732-643-4400</p>

<p>IOP- The Intensive Outpatient Program's goal is to provide services aimed at relieving symptoms for children ages 4 to 17 suffering from emotional and/or mental health problems.</p>	
<p><u>Integrated Care Concepts</u></p> <p>Sex abuse specialist Fire setting Juvenile sex offenders Self- harming behaviors</p> <p>http://integratedcareconcepts.com/eatontown-office/</p>	<p>732-858-5432</p> <p>admin@integratedcareconcepts.com</p> <p>Middletown</p> <p>Open Mon-Sunday 9am – 9pm</p>
<p><u>Community YMCA Family Services</u></p> <p>Adolescent Intensive Outpatient program</p> <p>Early S/A Intervention Program</p> <p>Serving children, adolescents, adults, and families of Monmouth County</p> <p>Counseling</p>	<p>732-290-9040</p> <p>166 Main St Matawan, NJ 07747</p> <p>outpatient@cymca.org</p> <p>Mon-Thu 9am-9pm Friday 9am-5pm Saturday 10am-3pm</p>
<p><u>180 Turning Lives Around</u></p> <p>180, Turning Lives Around, is a private, non-profit organization dedicated to ending domestic and sexual violence in our community.</p>	<p>Domestic Violence hotline 1(888) 843-9262</p> <p>Sexual violence hotline 1(888)-264-7273</p> <p>(732) 264-4111</p> <p>http://180nj.org/</p>
<p><u>Child & Adolescent Services Therapy Groups @ Jersey Shore University Medical Center</u></p> <p>Anxiety and Depression Group</p> <p>Socialization and Anger management group</p> <p>For children ages 10-18years old</p> <p>Call before attending for dates change frequently</p>	<p>Jersey Shore University Medical Center 1945 Route 33, Neptune, NJ 07753</p> <p>732-869-2784</p>

<p>Catholic Charities</p> <p>Trauma Counseling Individual therapy Family therapy Group therapy/Art therapy Supportive counseling Pay on a sliding scale depending on insurance</p>	<p>732-758-0094</p> <p>145 Maple Ave Red Bank, NJ 07701</p>
<p>Group Therapy/ Support Groups</p>	<p>Area Served/ Phone #</p>
<p>Jewish Family & Children's Services</p> <p>Evening Anger Management and Domestic Violence Group, Substance Abuse Treatment Program, Outpatient and Intensive Outpatient Services, Sandy Counseling, and Kosher Meals on Wheels</p> <p><u>Substance Abuse, Anger Management and Domestic Violence Groups</u> All participants must be preregistered and have an assessment done prior to attending the group.</p> <p><u>Mondays & Tuesdays</u> 9:30 a.m. - 12 Noon - Intensive Outpatient Substance Abuse Group 6:00-7:30 Anger Management/Domestic Violence Group (only Monday)</p> <p><u>Wednesdays</u> 10:30 a.m. - 12pm Intensive Outpatient Substance Abuse Group 6:00 - 9:00 p.m. - Intensive Outpatient Substance Abuse Group</p> <p><u>Thursdays</u> 9 a.m. – 9 p.m. Intensive Outpatient Group</p> <p><u>Fridays</u> 9:30 - 12:30 Outpatient Substance Abuse Group</p>	<p>Monmouth County 732-774-6886</p> <p>25 Kilmer Drive, Bldg. 3, Suite 212 Morganville, NJ 07751</p> <p>Main Street, Suite 301 Eatontown, NJ 07724</p> <p>705 Summerville Ave, Asbury Park 07712</p>

<p>Bereavement Support Groups- Riverview</p> <p>Children bereaving the death of a parent</p> <p>Refer out</p> <p>Breast cancer support group</p>	<p>Riverview Medical Center</p> <p>732-530-2382</p>
<p>Stephy's Place</p> <p>A New Life Support Center for Grief and Loss. A place for all who suffer the loss of a loved one. Please e-mail or call for support groups so that they can find the best group for your loss.</p> <p>Monthly Meditation Class 1st & 3rd Thursday of each month at 9:30am, 2nd Tuesday of each month 6pm, 4th Wednesday of each month at 11:00am</p> <p>All sessions are one hour long. Please arrive ten minutes before group start time to find parking and get settled so that we may start and finish on time.</p>	<p>732-614-1142</p> <p>The Swede Chevalier Building</p> <p>Suite 209, Red Bank, NJ 07701</p> <p>info@StephysPlace.org</p> <p>http://www.stephysplace.org/sp/</p>
<p>Rainbows</p> <p>Children and families</p> <p>Rainbows helps children heal after a life altering crisis due to separation, divorce, death, illness, military deployment or other painful family transitions.</p> <p>Ages 5-17</p> <p>Parents are offered group while the children are in session.</p> <p>Refer to the webpage, sign up, and view locations.</p>	<p>Mike & Marie Meriton</p> <p>908-720-7044</p> <p>Precious Blood Parish Center</p> <p>72 Riverdale Ave, Monmouth Beach, NJ 07750</p> <p>www.monmouthrainbows.org</p>
<p>Child/Adolescent Counseling</p>	<p>Area Served/ Phone #/ Address</p>

<p>Play Therapist- Christian Bellissimo</p>	<p>1 Main Street, Suite 306 Eatontown, New Jersey 07724</p> <p>732-609-7272</p> <p>christian@christianbellissimo.com</p>	
<p>Family Growth Program</p> <p>Child abuse treatment and prevention through the provision of individual, group and family counseling for the following:</p> <ul style="list-style-type: none"> • Survivors of child sexual, physical and emotional abuse • Adult survivors of childhood sexual abuse • Adult and child sexual abuse offenders • Children and adolescents with sexually acting out behaviors <p>Psychiatric evaluation and follow-up available for child clients.</p> <p>The program has extensive experience in treatment of adult perpetrators and works closely with County Probation and Parole Boards. Clinicians are members of the Association for Treatment of Sexual Abusers (ATSA).</p>		<p>145 Maple Ave, Red Bank, NJ 732-747-9660</p>
<p>Crisis Intervention/Suicide Prevention</p>	<p>Area Served/ Phone #/ Address</p>	
<p>Monmouth County Psychiatric Emergency Screening Services (PESS) at Monmouth Medical Center</p> <p>Crisis intervention, stabilization, mobile outreach, crisis hotline and family crisis services are provided</p>		<p>(732) 222-3030.</p>
<p>CentraState Medical Center</p> <p>Provides comprehensive behavior services administered by specially trained, qualified, compassionate staff</p>	<p>(732) 780-6023</p>	

<p><u>Jersey Shore University Medical Center</u></p> <p>Suicide hotline at Jersey Shore Medical Center (732) 776-4555</p> <p>https://meridianhealth.com/service/behavioral-health/index.aspx</p>	<p>Office Number:</p> <p>732-776-2325</p>
<p><u>National Suicide Prevention</u></p> <p>Helps individuals in suicidal crisis to contact the nearest available suicide prevention and mental health service provider through a toll-free phone number</p>	<p>1-800-273-8255</p> <p>1(800)SUICIDE</p> <p>www.suicidepreventionlifeline.org/</p>
<p><u>National Hopeline Network</u></p> <p>Crisis hotlines, online crisis chat and awareness events</p>	<p>1(800) 784-2433</p> <p>www.hopeline.com</p>
<p><u>NJ Hopeline</u></p> <p>Confidential telephone counseling and support 24 hours a day, 7 day per week.</p>	<p>(855) 654-6735</p>
<p><u>American Foundation for Suicide Prevention</u></p> <p>AFSP funds research, education and treatment programs aimed at the prevention of suicide.</p>	<p>www.afsp.org</p> <p>(212) 363-3500</p> <p>National Office 120 Wall Street 29th Floor</p> <p>New York, NY 10005</p>
<p><u>Yellow Ribbon Suicide Prevention Program</u></p> <p>Yellow Ribbon is dedicated to preventing youth suicide and attempts by making Suicide Prevention Accessible to Everyone and Removing Barriers to Help by empowerment.</p> <p><u>CALL: 800-273-TALK(8255) TEXT 'Help' to 741741</u></p>	<p>www.yellowribbon.org</p> <p>303-429-3530</p> <p>ask4help@yellowribbon.org</p>
<p><u>Society for the Prevention of Teen Suicide</u></p> <p>Public awareness through the development and promotion of educational training programs.</p>	<p>www.sptsusa.org</p> <p>732-410-7900</p> <p>dawn@sptsusa.org –</p>

	<p>executive director</p> <p>110 West Main Street</p> <p>Freehold, NJ 07728</p>
<p><u>New Jersey Youth Suicide Prevention Project</u></p> <ul style="list-style-type: none"> • Prevention task forces • Intervention training • Postvention training • Media campaigns <p>Go onto jerseyvoice.net to learn about upcoming programs & online contact form</p>	<p>(732)235-8420</p> <p>Piscataway, NJ</p> <p><u>Not a direct crisis hotline</u></p>
<p><u>Riverview Medical Center Crisis Hotline</u></p> <p>Riverview's Crisis Unit serves as a consultant to the Emergency Department on all patients, adults, adolescents, and children experiencing a psychiatric emergency 24-hours a day, seven days a week.</p>	<p>(732) 219-5325</p>
<p><u>Mobile Response and Stabilization Services, Perform care</u></p> <p>Available 24/7 day, to help children and youth who are experiencing emotional or behavioral crises.</p> <p>Services are designed to defuse an immediate crisis, keep children and their families safe, and maintain the children in their own homes or current living situation</p>	<p>1(877) 652-7624</p> <p>www.performcarenj.org</p>
<p>Youth Hotlines</p>	<p>Area Served/ Phone #/ Address</p>

<p><u>2ND FLOOR Youth Hotline</u></p> <p>A confidential and anonymous helpline for New Jersey's youth and young adults.</p>	<p>1(888) 222-2228</p>
<p><u>Society for the Prevention of Teen Suicide</u></p> <p>Public awareness through the development and promotion of educational training programs.</p>	<p>www.sptsusa.org</p> <p>(800)273-TALK (8255)</p> <p>dawn@sptsusa.org – executive director</p> <p>110 West Main Street</p> <p>Freehold, NJ 07728</p>
<p><u>NJ Hopeline</u></p> <p>Confidential telephone counseling and support 24 hours a day, 7 days per week.</p> <p>SAFE (self-abuse finally ends) 24 hour Hotline suicide prevention</p> <p>1(800)366-8288</p> <p>1(800)273-TALK</p> <p>Self-Injury: You're not the only one</p> <p>Safe alternatives- treatments, referrals, schools, resources, lectures</p>	<p>(855) 654-6735</p> <p>Text 24/7 to: njhopeline@ubhc.rutgers.edu</p>
<p><u>Outpatient Services</u></p>	<p>Area Served/ Phone #/ Address</p>
<p><u>CPC Behavioral Health Care</u></p> <p>To provide behavioral health and education services that promotes wellness, recovery and productive lives.</p> <p>Freehold- Red Bank-Aberdeen</p>	<p>1-800-250-9811</p> <p>Mon-Thu 8AM-9PM</p> <p>Fri-Sat 8AM-5PM</p>
<p><u>Community YMCA Counseling and Social Svc</u></p> <p>Provides high quality, client centered, therapeutic counseling and support services. Matawan</p>	<p>732) 290-9040</p> <p>166 Main St,</p>

<p><i>Outpatient Office</i></p> <p>Monday-Thursday: 9 a.m. – 9 p.m. Friday: 9 a.m. -5 p.m. Saturday: 10 a.m.- 3 p.m.</p>	<p>Matawan, NJ 07747</p>
<p>Family and Children’s Services</p> <p>Serving people at vulnerable times in their lives through education, intervention, care and counseling Long Branch</p> <p>Open Monday – Friday 8:30am to 4:30pm</p>	<p>(732) 222-9111</p> <p>191 Bath Ave, Long Branch, NJ 07740</p>
<p>Jewish Family & Children’s Services</p> <p>Providing innovative, responsive, cost effective, non-sectarian human services that enhance the quality of life for children, families and the aged in our community, while reflecting the shared compassion, ancient wisdom and unifying traditions of Judaism.</p> <p>Asbury Park, Eatontown, Morganville</p>	<p>25 Kilmer Drive, Bldg. 3, Suite 212, Morganville, NJ 07751 Tel: 732-536-0050</p> <p>1 Main Street, Suite 219, Eatontown, NJ 07724</p> <p>Tel: 732-935-1881</p> <p>705 Summerfield Avenue, Asbury Park, NJ 07712</p> <p>Tel: 732-988-2889</p>
<p>Jersey Shore Behavioral Health Svc (Meridian) Neptune</p>	<p>(732) 643-4363</p> <p>3535 Route 66, Neptune</p>
<p>Monmouth Medical Center, Pollak Clinic Long Branch</p>	<p>732-923-5220</p> <p>5 North Bath Ave., Long Branch</p>
<p>Riverview Behavioral Health (Meridian)</p>	<p>(732) 345-3400</p> <p>661 Shrewsbury Ave., Shrewsbury</p>

<p>Family Crisis Intervention Unit (FCIU)</p> <p>Intensive family services in community/in home; truancy, parent-child conflict</p> <p>Mon-Friday 9am-5pm</p>	<p>732) 542-2444 day</p> <p>(732) 431-7280 evenings</p>
<p>Information and Referral</p>	<p>Area Served/ Phone #/ Address</p>
<p>Monmouth County Office of Mental Health</p> <p>Monmouth ResourceNet</p> <p>-www.monmouthresourcenet.org</p>	<p>(732) 431-7200 185 State Route 36, Suite B-1 West Long Branch, NJ 07764</p>
<p>NJ Children's System of Care (Contracted System Administrator- PerformCare)</p>	<p>1(800) 652-7624</p>
<p>Educational Programs/Training</p>	<p>Area Served/ Phone #/ Address</p>
<p>Bridges-University of Medicine & Dentistry intended for professional school staff</p> <p>Intensive outpatient, outpatient, partial hospital, crisis prevention, in-patient services, etc.</p>	<p>1-800-969-5300</p>
<p>Suicide Prevention Resource Center Best Practice</p> <p>Hotline- 1800-273-TALK (8255)</p>	<p>www.sprc.org</p>
<p>Substance Abuse & Mental Health Services Admin</p> <p>Hours of Operation Monday - Friday 8:30 a.m. - 5:00 p.m.</p>	<p>www.samhsa.gov/prevention</p> <p>webmaster@samhsa.hhs.gov</p>
<p>Society for the prevention of teen suicide</p>	<p>Area Served/ Phone #/ Address</p>
<p>2ND Floor- Youth Support Line for suicidal thoughts or difficulties in</p>	<p>1(888) 222-2228</p>

<p>general life</p> <p>Cyber bullying, dating abuse, mental health, sexuality</p>	<p>www.2ndfloor.org</p> <p>info@2NDFLOOR.org</p>
<p>Traumatic Loss Coalition of Monmouth County</p> <p>Network of professionals representing schools, social agencies, police, clergy, crisis services, etc. can support and guide your staff through critical events and postvention based on successful experience resolving similar circumstances.</p> <ul style="list-style-type: none"> • Mon: 8:30am-4:30pm • Tue: 8:30am-4:30pm • Wed: 8:30am-4:30pm • Thu: 8:30am-4:30pm • Fri: 8:30am-4:30pm 	<p>(732) 431-7200</p> <p>http://www.monmouthresourcenet.org/search/traumatic-loss-coalition-of-monmouth-county/</p> <p>Kozloski Road PO Box 3000 Freehold, NJ 07728</p>
<p>Interventions</p> <p>-</p>	
<p>Self-Harm/Self-Mutilation – Monmouth County Mental Health</p> <p>Self-mutilation is a disorder that causes the participant to intentionally harm or inflict pain on him/herself.</p>	<p>732-431-7200</p> <p>Kozloski Road PO box 3000, Freehold, NJ 07728</p>
<p>1(800) DON'T-CUT</p> <p>A treatment team of experts uses therapy, education, and support to empower clients to identify healthier ways to cope with emotional distress.</p>	<p>1800-366-8288</p>
<p>SAFE (Self-Abuse Finally Ends) 24 hour Hotline Suicide prevention</p> <p>1(800) 366-8288 1(800) 273 TALK</p> <p>1(800) 273-8255</p>	
<p>Monmouth County Office of Mental Health</p> <p>Kozloski Road PO Box 3000 Freehold, NJ 07728</p>	<p>Information</p> <p>(732) 431-7200</p>

<p>Legal Services of NJ Hotline</p> <p>The LSNJLAW Hotline is open from 8:00 AM to 5:30 PM Monday - Friday</p>	<p>Legal Services of New Jersey</p> <p>100 Metroplex Drive, Suite 402 P.O. Box 1357 Edison, NJ 08818-1357</p> <p>(732) 572-9100 1-888-576-5529</p>
<p>Disability Rights New Jersey</p> <p>DRNJ's consumer-directed priorities focus case activities in areas most important to consumers with disabilities and their families. They also ensure that protection and advocacy services are provided to traditionally underserved or unserved populations.</p>	<p>1(800) 922-7233</p> <p>http://backinaction.drnj.org/faq.php</p>
<p>Div. Of Mental Health & Guardianship Advocacy</p>	<p>(1-877-285-2844)</p> <p>(866) 202-HELP (4357)</p> <p>Email: njmentalhealthcares@mhanj.org</p>
<p>NJ Office of Advocacy</p> <p>For more information about programs and services visit: www.nj.gov/def</p> <p>Department of Children and Families Division of Child Protection and Permanency PO Box 717 Trenton, NJ 08625-0717 609-888-7000</p>	<p>1(877) 543-7864</p>
<p>NJ Children's System of Care</p> <p>Helping families across New Jersey with behaviorla health, disability services and substance use treatment.</p>	<p>1(877) 652-7624</p>
<p>National Eating Disorders Association</p> <p>National non-profit eating disorders organization. Information, referrals, support, prevention, conferences, and newsletters</p>	<p>www.nationaleatingdisorders.com</p> <p>https://www.edreferral.com/new-jersey</p>

<p>Monmouth County Division of Mental Health & Addiction Services</p> <p>Provides information and referral regarding the scope of mental health services available to county residents. Provides funding for the implementation and development of mental health programs and coordinates planning, monitoring and advocacy activities on behalf of persons with mental illness</p>	<p>(732) 431-7200</p> <p>Mon-Fri: 8:30am-4:30pm</p> <p>3000 Kozloski Rd Freehold, NJ 07728-4397</p>
<p>Mental Health Association of Monmouth County Info and Referral</p> <p>Our mission is accomplished through MHA's strength based innovative programs, education, advocacy, community partnerships and shaping public policy.</p>	<p>(732) 542-6422</p> <p>http://www.monmouthresourcenet.org/search/mental-health-association-of-monmouth-county/</p>
<p>General Support References</p>	
<p>➤ Monmouth County Website</p>	<p>www.visitmonmouth.com/educationalinitiative</p>
<p>New Jersey 211 Community Resource Website</p>	<p>www.nj211.org</p>
<p>New Jersey 211 Call Center</p> <p>2-1-1 is the first three-digit telephone number dedicated to health, human services, and community life. It is the place to find the location of shelter during a flood or power outage, information about the nearest child care center, legal service, housing, immigration, employment, or service in a language other than English.</p>	<p>211</p> <p>or</p> <p>(877) 652-1148</p>
<p>Monmouth ResourceNet website</p> <p>MonmouthCares, Inc. is a private, non-profit community based organization serving children primarily between the ages of 4-18 with behavioral and emotional challenges along with their families.</p>	<p>www.monmouthresourcenet.org</p> <p>185 State Road 36, Suite B-1 West Long Branch, NJ 07764</p> <p>info@monmouthresourcenet.org</p>

	esourcenet.org
<p>Long Branch Concordance</p> <p>The Long Branch Concordance and its Family Success Center provides services relevant to and focused on family sustainability and economic self-sufficiency as carried out through our mission: finding resources for people in need, fostering individual and family development and creating partnerships for community well-being.</p>	<p>(732) 571-1670</p> <p>Address: 300 Broadway, Long Branch, NJ 07740</p> <p>Office/Phone Hours: Mon-Fri: 9:30-4</p> <p>Walk in Hours: Mon, Tue, & Wed 2:00pm - 4:00pm Fri 1:00pm - 3:00pm</p>
<p>Ocean Township Human Services</p> <p>The Department of Human Services of the Township of Ocean, comprised of the Community Services Office, the Recreation Office, and the non-profit school-aged childcare program, Project Extend, provides integrated and comprehensive services that promote the welfare of the community, the positive development of youth, and the strengthening of families.</p>	732-531-2600
<p>NJ Children's System of Care</p> <p>PerformCare is a full-service behavioral health managed care company, supporting members in the public and private sectors. We are committed to providing superior, innovative solutions in behavioral health, developmental and intellectual disabilities, human services, and integrated health programs</p>	<p>1(877) 652-7624</p> <p>http://www.performcarenj.org/</p>
<p>Prevention First</p> <p>Preventing bullying, violence and substance abuse through life skills education to improve the lives of children and families in Monmouth and Ocean counties</p>	(732) 663-1800 ex. 2180
<p>Anti-Bullying Network</p>	www.antibullying.net

Websites for Families	Area Served/ Phone #/ Address
New Jersey Department of Education Monmouth County Office	(732) 431-7810 Monmouth County Office of Education 4000 Kozloski Road Freehold, NJ 07728 Dr. Lester Richens, Interim Executive County Superintendent Fax: (732)776- 7237
Traumatic Loss/Terrorism/ School Violence Resources	Area Served/ Phone #/ Address
Monmouth County Traumatic Loss Coalition Traumatic Loss Coalition (TLC) for Monmouth County (a network of professionals representing schools, social agencies, police, clergy, crisis services, etc.) can support and guide your staff through critical events and postvention based on successful experience resolving similar circumstances.	(732) 431-7200
Traumatic Loss Coalitions for Youth The Traumatic Loss Coalitions for Youth Program (TLC) at RUTGERS-University Behavioral Health Care is New Jersey's primary youth suicide prevention program funded by the Department of Children & Families, Division of Children's System of Care.	(732) 235- 2810 https://ubhc.rutgers.edu/education/trauma-loss-coalition/overview.xml
Disaster Response Crisis Counselors 732-923-6999: This is the Monmouth County Psychiatric Screening Service. 24 Hours a day, seven days a week, professional staff are available for phone consultation and, where indicated, in person services to bring stability and direction to traumatic events. 732-431-7200: This is the Monmouth County Division of Mental Health. Traumatic loss consultation services can be initiated here during normal business hours. Services include intervention in traumatic losses, professional education through seminars, inservice education programs	(732) 431- 7200 (732) 923- 6999

for professionals and community groups, and bibliographic materials.	
<p>Domestic Violence <i>Call police or 911</i></p> <p>Family violence that is physical or emotional abuse directed at partners, siblings, children or elders</p>	<p>Area Served/ Phone #/ Address</p>
<p>180 Turning Lives Around</p> <p>180, Turning Lives Around, is a private, non-profit organization dedicated to ending domestic and sexual violence in our community.</p>	<p>Domestic Violence hotline 1(888) 843-9262</p> <p>Sexual violence hotline 1(888)-264-7273</p> <p>(732) 264-4111</p> <p>http://180nj.org/</p>
<p>Domestic Violence 24-Hour Hotline</p> <p>If you are currently in an abusive relationship and fear for your safety call our Hotline at 1-888-843-9262 so that we can help you develop a Safety Plan</p>	<p>(888) 843-9262</p>
<p>G.E.M. Counseling</p> <p>G.E.M. Counseling is a professional outpatient counseling practice that specializes in improving and rebuilding relationships with self and others.</p>	<p><u>Address:</u> 1715 NJ-35, Middletown, NJ 07748</p> <p><u>Phone:</u> (732) 671-6222</p>
<p>Prevention</p>	<p>Area Served/ Phone #/ Address</p>

<p>Parents Anonymous We continue to Keep our Promise to maintain evidence-based, culturally responsive, and innovative programs, strategies and initiatives for the millions of fearless parents, children, and youth who successfully change their lives forever through Parents Anonymous®</p>	<p>24 hour stress hotline: 1(800) THE-KIDS (1-800-843-5437) http://www.childandfamily-nj.org/ShowPage.asp?id=10</p>
<p>Department of Child Protection & Permanency Child Protection and Permanency, CP&P (formerly the Division of Youth and Family Services, DYFS), is New Jersey's child protection and child welfare agency within the Department of Children and Families. Its mission is to ensure the safety, permanency and well-being of children and to support families</p>	<p>1(877) NJABUSE</p>
<p>Long Branch Concordance Family Success Center The Long Branch Concordance and its Family Success Center provides services relevant to and focused on family sustainability and economic self-sufficiency as carried out through our mission: finding resources for people in need, fostering individual and family development and creating partnerships for community well-being.</p>	<p>(732) 571-1670 279 Broadway Ste 301 Long Branch, NJ 07740-6949</p>
<p>Sexual Assault/ Rape Interventions</p>	
<p>180 Turning Lives Around 180, Turning Lives Around, is a private, non-profit organization dedicated to ending domestic and sexual violence in our community.</p>	<p>Domestic Violence hotline 1(888) 843-9262 Sexual violence hotline 1(888)-264-7273 (732) 264-4111 http://180nj.org/</p>

Area Served
 Phone #/
 Address

<p>NJ Coalition Against Sexual Assault</p> <p>The mission of the New Jersey Coalition Against Sexual Assault (NJCASA) is to promote the compassionate and just treatment of survivors and their loved ones; foster collaborative relationships between community systems; and affect attitudinal and behavioral changes in society as we work toward the elimination of sexual violence against all people.</p>	<p>www.njcasa.org</p> <p>Office: 609-631-4450</p> <p>Email: info@njcasa.org</p>
<p>National Sexual Assault Hotline</p> <p>RAINN (Rape, Abuse & Incest National Network) is the nation's largest anti-sexual violence organization</p> <p>Free. Confidential. 24/7.</p>	<p>www.rainn.org</p> <p>800-656-4673</p>
<p>LGBTQ Resources</p>	<p>Area Served/ Phone #/ Address</p>
<p><u>NJ Gay, Lesbian, Straight Education Network</u></p> <p>At GLSEN, we want every student, in every school, to be valued and treated with respect, regardless of their sexual orientation, gender identity or gender expression. We believe that all students deserve a safe and affirming school environment where they can learn and grow.</p>	<p>212-727-0135</p> <p>https://www.glsen.org/chapter/central-new-jersey</p>
<p><u>Red Bank Regional High School - Gay Straight Alliance</u></p> <p>Individual, group, family counseling, substance abuse counseling, conflict resolution, preventative and reproductive health care services, recreation events, job coaching, and employment counseling.</p>	<p>(732) 842-8000</p> <p>101 Ridge Rd Little Silver, NJ 07739</p>
<p><u>Jersey Shore Q-Spot</u></p> <p>The mission of the Jersey Shore LGBT Community Center Project (aka QSpot) is to foster the health, well-being and pride of individuals, groups and families within New Jersey's LGBT community by providing resources, referrals, public education, outreach services and general support to empower them to live their lives with dignity and freedom.</p>	<p>(732) 455-3373</p> <p>www.jsQspot.org</p> <p>66 S Main St, Ocean Grove, NJ 07756</p>
<p><u>PFLAG (Parents, Friends & Families of Lesbians and Gays)</u></p> <p>Jersey Shore PFLAG is a community organization that provides support, education and advocacy for gay, lesbian, bisexual and transgender (LGBT) individuals and their family and friends in Monmouth and Ocean counties in New Jersey</p>	<p>(908) 814-2155</p> <p>jspflag@gmail.com</p> <p>www.jerseyshorepflag.org</p> <p>PFLAG Jersey</p>

	Shore Chapter P.O. Box 677 Howell, NJ 07731
<p>Gay, Lesbian, Bisexual and Transgender National Hotline</p> <p>The Lesbian, Gay, Bisexual and Transgender (LGBT) National Hotline provides telephone, online private one-to-one chat and email peer-support, as well as factual information and local resources for cities and towns across the United States.</p> <p>All of our services are free and confidential.</p>	1-888-843-4564 help@GLBThotline.org http://www.glbthotline.org/hotline.html
<p>LYRIC Youth Talk Line</p> <p>We speak with teens and young adults up to age 25 about coming-out issues, relationship concerns, parent issues, school problems, HIV/AIDS anxiety and safer-sex information, and lots more!</p>	(1-800-246-7743) http://www.glbthotline.org/youth-talkline.html Email: help@LGBThotline.org Monday thru Friday from 4pm to midnight Saturday from noon to 5pm
<p>Peer Listening Line for LGBT Youth</p> <p>Fenway Health's Peer Listening Line is an anonymous and confidential phone line that offers gay, lesbian, bisexual and transgender youths a "safe place" to call for information, referrals, and support. In addition to issues like coming out, HIV/AIDS, safer sex and relationships, our trained volunteers also address topics such as locating GLBT groups and services in their local area.</p>	Peer Listening Line (25 & Under) 617.267.2535 Toll-Free 800.399.1337 Hours <ul style="list-style-type: none"> • Monday – Saturday, 5:00 – 10:00 pm

Substance Abuse	Area Served/ Phone #/ Address
Addiction Hotline of NJ Provides trained clinically supervised telephone specialists who are available 24 hours a day, 7 days a week to educate, assist, interview and/or refer individuals and families battling addictions. Calls are free and information shared is confidential.	1(800) 238-2333
YMCA Counseling Our team of caring and certified Y professionals are licensed to serve as counselors to youth and families, specializing in Social Work, Clinical Counseling, and Alcohol & Drug Counseling.	166 Main St Matawan, NJ 07747-3104 (732) 290-9040
CPC Addiction Recovery Services To provide behavioral health and education services that promotes wellness, recovery and productive lives.	(732) 842-2000 <u>New Patient Appointments :</u> 800-250-9811 <u>https://cpcbehavioral.org/</u>
Crossroads at Croydon Hall- Outpatient substance abuse services Crossroads is a New Jersey Licensed Facility that provides alcohol and drug abuse services to all Middletown residents. Services include education, consultation, assessment, treatment, and referral assistance for anyone seeking help in their own or a loved one's struggle with addictive substances.	(732) 615-2277 900 Leonardville Road, Leonardo NJ 07737
CPC Aberdeen Counseling Center To provide behavioral health and education services that promotes wellness, recovery and productive lives. Monday: 8am-8pm Tuesday: 8am-8pm Wednesday: 8am-5pm Thursday: 8am-8pm Friday: 8am-5pm Saturday and Sunday: Closed	(732) 290-1700 1088 NJ-34, Aberdeen Township, NJ 07747

<p>Monmouth Co. Division of Mental Health & Addiction Services</p> <p>Provides information and referral regarding the scope of mental health services available to county residents. Provides funding for the implementation and development of mental health programs and coordinates planning, monitoring and advocacy activities on behalf of persons with mental illness</p>	<p>(732) 431-6451</p> <p>Monday-Friday 8:30 am-4:30 pm</p>
<p>New Hope Foundation</p> <p>New Hope is dedicated to the treatment of adults and adolescents affected with alcohol, drug and gambling addiction</p>	<p>Information (732) 946-3030</p> <p>Toll free hotline 800-705-4673</p>
<p>Riverview Med Center Behavioral Health</p> <p>Addiction Recovery, Adolescent Intensive Outpatient Groups, Adult Partial Hospitalization, Children's Specialty Groups, Compulsive Gambling Counseling, Crisis Unit, Inpatient Psychiatric, Outpatient Mental Health Services, Transitional Medication Services & Medication Clinic</p>	<p>(732) 345-3400</p>
<p>Prevention</p>	<p>Area Served/ Phone #/ Address</p>
<p>CentraState Health Awareness Ctr</p> <p>For Student Health Awareness:</p> <ul style="list-style-type: none"> -Workshops on dating violence, bullying, stress management, eating disorders, sports nutrition, aggression, and drug awareness - Adventure to Health 	<p>(732) 308-0570</p> <p>Call before attending as dates change</p> <p>901 W Main St, Freehold, NJ 07728</p>
<p>Prevention First</p> <p>Preventing bullying, violence and substance abuse through life skills education to improve the lives of children and families in Monmouth and Ocean counties</p>	<p>(732) 663-1800 ext. 2180</p>
<p>Alliances to Prevent Alcoholism and Drug Abuse</p> <p>The Council administers the State's \$10 million Alliance to Prevent Alcoholism and Drug Abuse Program which is the largest network of community-based anti-drug coalitions in the nation with thousands of stakeholders serving on nearly 400 Alliances encompassing more than 530 municipalities throughout New Jersey</p>	<p>(732) 338-0205</p>

Latino Resources	Area Served/ Phone #/ Address
<p>Community Affairs and Resource Center of Monmouth</p> <p>http://carcnj.org/</p> <p>Asbury Park: Helps Monmouth County youth 16 to 21, who are not currently in high school find employment, return to high school, further education and be workforce ready. Over the years CARC has intensified its efforts to improve local neighborhoods by delivering job training placement opportunities, community advocacy, and community development activities</p> <p>Formerly "Hispanic Affairs & Resource Center"</p> <p>Must meet income requirement of 70% of lower living standard</p>	<p>Asbury Park (732) 774-3282</p> <p>Freehold (732) 431-6977</p> <p>Red Bank (732) 747-9000</p>
<p>Mercy Center</p> <p>Mercy Center provides hope, help and healing to people in the community through education, emergency and family services. Several of their groups run in both English and Spanish</p>	<p>(732) 774-9397</p> <p>1106 Main St, Asbury Park, NJ 07712</p>
Resources	Area Served/ Phone #/ Address
<p>NJ Children's System of Care</p> <p>www.nj.gov/dcf/about/divisions/dcsc</p> <p>www.performcarenj.com</p>	
<p>ARC Monmouth Unit</p> <p>The Arc of Monmouth serves over 1,600 adults and children with intellectual and developmental disabilities each year at over 20 locations throughout Monmouth County with a wide variety of services and supports.</p> <p>http://www.arcofmonmouth.org/</p>	<p>(732) 493-1919</p>
<p>LADACIN Network</p> <p>Provides a continuum of care, including educational, therapeutic, social, residential and support services to infants, children, and adults with complex physical and developmental disabilities or delays.</p>	<p>(732) 493-5900</p>
<p>Easter Seals</p> <p>Easterseals provides exceptional services, education, outreach and advocacy so that people with disabilities can live, learn, work and play in our</p>	<p>(732) 257-6662</p> <p>25 Kennedy Blvd #600, East Brunswick, NJ 08816</p>

communities. www.eastersealsnj.org	
Early Intervention Services/ Learning Disability	Area Served/ Phone #/ Address
Family Support Center of NJ https://www.tricountyresourcenet.org/search/family-support-center-of-nj/	1(800) 372-6510
Family Resource Associates http://www.frainc.org/	(732) 747-5310 info@frainc.org
Visiting Nurse Association Special Child Health Services/Early Intervention Monmouth County	(732) 224-6950 23 Main Street, Suite D1, Holmdel, NJ 07733
Autism Family Services of New Jersey http://www.childrens-specialized.org/Content/Uploads/Childrens%20Specialized/files/Autism_Resources_and_Contacts_10-10.pdf	1(877) AFS-4477
COSAC The NJ Center for Outreach and Services for Autism COSAC is a non-profit agency providing information and advocacy, services, family and professional education and consultation. https://www.autismnj.org/?scrlybrkr=01edb704	(800) 4 AUTISM 1450 Parkside Avenue , Ewing , NJ , 8638
SEARCH Day Program (Autistim) http://searchdayprogram.com/Home_Page.html SEARCH Day Program is a private, non-profit twelve-month program for individuals with autism ages 3 through the lifespan. School Hours 8:45 am - 2:45 pm	(732) 531-0454 info@searchdayprogram.com 73 Wickapecko Dr. Ocean, NJ 07712
Youth Transitional Housing	Area Served/ Phone #/ Address
Collier House http://www.collierservices.com/ Women aged 18-21 who are homeless or exiting foster care system	Address: 386 Maple Pl, Keyport, NJ 07735 Phone: (732) 264-

	3222
Beacon House Young Adults aged 17-21 who are homeless or exiting foster care system	(732) 502-9245 1410 Sixth Ave, Neptune, NJ
Perform Care Hours of Operation: 24 Hours a Day 7 Days a Week Mobile Response and Stabilization Services and Care Management Organization Referrals must be made through	1(877) 652-7624 300 Horizon Drive Suite 306 Robbinsville, NJ 08691-1919
Family-Based Services Association of NJ http://www.fbsanj.org/	(732) 542-4502 6 Industrial Way West, Suite D Eatontown, NJ 07724
Domestic Violence/Child Abuse & Neglect	Area Served/ Phone #/ Address
Abuse and Neglect Under NJ law, any person having reasonable cause to believe that a child has been abused or neglected in any environment shall immediately report to the Division of Child Protection and Permanency (DCP&P) To report suspicions-24/7 Child abuse hotline	1(877) NJ ABUSE
CPC Behavioral Health Care	(732) 842-2000 x 4221
Meridian Behavioral Health Monday 8AM– 5PM Tuesday 8AM–5PM Wednesday 8AM–5PM Thursday 8AM–5PM Friday 8AM–5PM	(732) 345-3400

Saturday Closed Sunday Closed -	
<p>➤ YMCA Counseling The community YMCA Matawan</p>	<p>(732) 290-9040 166 Main Street Matawan, NJ 07747</p>
<p>➤ Catholic Charities</p> <p>FAMILY GROWTH PROGRAM — Offers specialized treatment services for family violence, child abuse and neglect and for children and families under child protection supervision due to abuse or neglect.</p>	<p><u>145 Maple Avenue,</u> <u>Red Bank, NJ</u> <u>07701</u> (732) 747-9660</p>