



Farmingdale Public School

Together **E**veryone **A**chieves **M**ore

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December 8, 2022

Dear Parents/Guardians,

With an especially severe cold, flu and RSV season upon us, we are asking you to partner with us to help keep our students and staff healthy. Please refer to this information when monitoring for illness or considering sending your child to school.

- Students with a fever of 100.4 degrees or higher or vomiting/diarrhea within the past 24 hours should remain home. ****Students' symptoms should be improving and they must be fever free without vomiting or diarrhea for 24 hours without medication before returning to school.****
- Students with unexplained rashes, sores, and crusty, inflamed eyes or other signs of contagious problems should remain home.

Prevention is always the key to keeping ourselves healthy! Here at Farmingdale School, we continue to disinfect all classrooms and common areas and will continue to monitor each day's attendance. Some good hygiene habits to remind your child so they may protect themselves are:

- Wash hands frequently
- Do not touch eyes, nose or mouth
- Cover mouth and nose when sneezing or coughing, use a paper tissue, throw it away and then wash hands
- If you haven't gotten a flu shot, it isn't too late

For more information please check out these great resources:

RSV in Infants and Young Children - [RSV in Infants and Young Children \(cdc.gov\)](https://www.cdc.gov/rsv/about/index.html)

Flu-Related Questions & Answers by Topic - [Flu-Related Questions & Answers by Topic | CDC](https://www.cdc.gov/flu/about/faq/)

Thank you in advance for helping us to continue to have a successful and healthy school year.

In Health,

Mrs. Katy Kokolus, RN, BSN, CSN
School Nurse